



La Belle Forme

HAIR, BEAUTY & AESTHETIC CLINIC

WITHIN PARKLANDS COUNTRY CLUB

0141 639 0840

EXT 241 FROM HOTEL ROOM



WELCOME

OPENING TIMES

DAY	OPENED	CLOSED
Monday <i>Clinic night</i>	9.30am	8.00pm
Tuesday	9.30am	5.00pm
Wednesday	9.30am	5.00pm
Thursday	10.00am	7.00pm
Friday	10.00am	7.00pm
Saturday	9.00am	5.00pm
Sunday	10.00am	3.00pm

196 Ayr Road, Crookfur Park, Newton Mearns, G77 6DT
0141 639 0840
parklands@labelleforme.co.uk

Beauty Treatments

Waxing

Eye brow	£10
Lip & chin	£10
Lip or chin	£8
Half leg	£20
Full leg	£30
Bikini line	£15
Underarm	£10

Eyes

Lash tint	£15
Brow tint	£15
Lash and brow tint	£25
Tint and tidy	£20



Express D-Vine Facial**£40**

Express facial for a burst of radiance in just 30 minutes. After a deep cleansing to exfoliate the skin, the application of a mask immediately boosts radiance. Your skin looks rested and your complexion's radiance is restored.

Luxury Caudalie Facial**£60**

Achieve visible results with a skin specific Caudalie Facial tailored to suit your needs combined with facial massage. Including aftercare prescription.

Indiba Facial Treatment**£50**

The perfect non-invasive treatment for wrinkle and fine line reduction. This relaxing facial treatment encourages circulation to reduce the appearance of topical fat leaving skin toned and tightened.

Pro - Facial STANDARD **£65** ADVANCED **£120**

Our ProFacial treatments combines the latest facial treatments such as Aqua Peeling, Cyclone Extraction, Ion Lifting and Ultrasound to gently and effectively combat skin concerns such as Congestion, Acne, Uneven Skin Tone, Texture.

Space Facial (LED Light Therapy)1 SESSION **£60** 3 SESSIONS **£120**

Light therapy involves emitting low-light wavelengths through the skin to stimulate cellular rejuvenation, increase blood flow, stimulate collagen production, skin balancing and anti acne programmes available

Pro - Light **£85**

Our profacial treatment combined with LED.

Pro - Tight **£150**

Our profacial treatment combined with Indiba.

ADD ON TREATMENTS:**Caudalie Anti Ageing Eye Treatment****£30**

This treatment is specifically designed to care for the delicate eye area. The techniques and products used deliver instant brightening, smooth lines and wrinkles and substantially reduce puffiness and dark circles. The Eye Contour is lifted and eyes enhanced.

Scalp Massage**£10****Express Space Facial (LED Light Therapy)****£30**



Body Treatments

Hot Stone Massage

Back and Shoulder

£45

Full Body

£65

Foot Reflexology

We should all give a little more time and attention to our feet.

£50

Historically, Reflexology is said to have been devised by the Egyptians. There is a traditional theory that all parts of the body are connected to the feet and mirrored within them. The idea goes, that working specific areas and spots on the feet will positively influence and improve the health of the individual.

Express Back, Neck and Shoulders massage

£40

Caudalie Divine Body Massage **£65**

Relaxing and Nourishing

A relaxing body massage featuring our award winning Divine Oil, a combination of 4 exceptional plant oils. Your skin will be luxuriously softened, moisturised and wrapped in a delicate floral fragrance; a blend of roses, grapefruit, pink pepper, vanilla, cedar and white musk.

Full Body Swedish **£65**

Full body Deep tissue **£75**

Body Treatments

Indiba

Detoxifying body treatment. Choose to treat the entire body or focus on a specific area. Thighs, tummy, back, arms, bottom This is a result driven treatment that will rid your body of toxins and encourage better circulation in turn which will help reduce surface fat collection and cellulite while tightening and toning the skin. La Belle Forme are proud to be the only provider of this non invasive result based treatment in the UK.

Book 6 treatments receive 1 complimentary treatment

Small area	£50
Medium area	£75
Large area	£100

The first stage of the treatment works to channel the energy and open the lymphatic system to help drain unwanted fluids and toxins. It also prepares the tissue for the second part of the treatment. This ground-breaking treatment also raises the internal temperature of the skin which leads to increased microcirculation, lifting and toning of the tissue, increasing of the metabolic rate of the cell and the changing of the electrical potential of the cell, allowing toxins to flow rapidly through the lymphatic system and disperse naturally.



Children: persons under the age of 16 are prohibited from having spa treatments. all under 16s must be accompanied by an adult at all times, and will not be permitted wait unaccompanied.

Loss or damage: we regret we cannot be held responsible for any loss or damage of personal items.

Cancellation policy: a 100% charge will be incurred for cancellations or no shows within 24 hours of your booking. a credit/debit card number is required to secure your reservation.



www.labelleforme.co.uk/parklands