# LIGHTER BITES 7 DAYS PER WEEK 12 NOON TILL 4PM

## SANDWICHES OR TOASTIES

SERVED WITH SALAD GARNISH AND PURPLE CABBAGE COLESLAW

(V) Cheese and Pickle £6.95
(V) Egg Mayonnaise £6.95
Tuna and Red Onion Mayonnaise £6.95
Prawn Marie Rose £7.95
Smoked Salmon £7.95
Cheese and Ham £7.25
Cajun Chicken Mayonnaise £7.25

#### SPECIALITY TOASTED BLOOMER

Open Sandwich with Smashed Avocado and Freshly Sliced Tomato £6.25

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Open Sandwich with Italian Cured Meats and Sun-Dried Tomatoes £7.95

Michaels Club Sandwich - Poached Chicken, Crispy Bacon, Iceberg Lettuce Bound in Mayonnaise, Cucumber and Freshly Sliced Tomato Served with Fries £9.45

Please Alert Your Server Of Any Food Allergies Or Intolerances That You Have And We Will Do Our Best To Accomodate Your Needs

#### OMELETTES

SERVED WITH SALAD GARNISH AND CHOICE OF BAKED POTATO OR FRIES

(V) Cheddar Cheese and Red Onion £7.95
 (V) Cherry Tomatoes £7.55
 (V) Sauteed Mushrooms £7.95
 Poached Chicken £8.95
 Smoked Salmon £9.95

Please Ask Your Server If You Would Like To Create Your Own

#### BAKED POTATOES

SERVED WITH SALAD GARNISH

 (V) Cheddar Cheese and Red Onion / Pickle £7.95 Prawn Marie Rose £8.75 Cajun Chicken Mayonnaise £8.75 Tuna Mayonnaise with Red Onion £8.45 Smoked Salmon £9.95

Please Ask Your Server If You Would Like To Create Your Own

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### SALADS

Seasonal Fruit Platter Iceberg Lettuce Surrounded By Seasonal Fruit With A Choice Of

> Prawn Marie Rose £9.25 Grilled Halloumi £8.95 Salt and Chilli Chicken Strips £9.25

> > Super Food Salad

Quinoa, Sweet Potato, Beetroot, Cherry Tomatoes, Avocado And Pumpkin Seeds Drizzled With Citrus Dressing Topped With Poached Chicken Breast Slices £9.95