

MICHAELS BAR & BISTRO

12PM - 9PM 7 DAYS PER WEEK

Small Bites

<i>(VG) Bruschetta</i>	£6.25
<i>fresh tomato, red onion & basil finished with balsamic glaze</i>	
<i>(VG) Hand Stretched Flat Bread</i>	£4.95
<i>garlic oil or sea salt & rosemary</i>	
<i>Add red pepper hummus</i>	£1.25

Starters

<i>(V) Goats Cheese & Red Pepper Roulade</i>	£5.25
<i>beetroot coulis</i>	
<i>Soup of the Day</i>	£4.95
<i>crusty bread & butter</i>	
<i>Chicken Liver Pate</i>	£5.95
<i>oatcakes & red onion chutney</i>	
<i>Tempura Chicken or King Prawn</i>	£5.95 / £6.95
<i>chilli jam dipping sauce</i>	
<i>Pan Seared Scallops</i>	£9.95
<i>butternut squash puree & pancetta crisps</i>	
<i>Ham Hough Bon Bons</i>	£5.25
<i>mustard mash & red wine jus</i>	
<i>Smoked Salmon & Avocado</i>	£7.45
<i>resting on toasted ciabatta</i>	
<i>Chicken & Prawn Spring Roll</i>	£5.95
<i>soy dipping sauce</i>	

Mains

<i>Beer Battered Angel Cut Haddock</i>	£12.95
<i>fries, peas & tartar</i>	
<i>Parklands Pie of the Day</i>	£12.95
<i>seasonal vegetables & mashed potato</i>	
<i>Chicken Supreme</i>	£13.95
<i>seasonal vegetables & fondant potato</i>	
<i>whisky cream or red wine jus</i>	
<i>(VG) Chickpea, Spinach & Coconut Curry</i>	£11.25
<i>basmati rice & poppadom</i>	
<i>Add King Prawn or Chicken</i>	£3.95
<i>Pork Medallions</i>	£12.95
<i>whole grain mustard & cider cream sauce,</i>	
<i>seasonal vegetables & skin on fries</i>	
<i>Broccoli, Pea & Goats Cheese Tart</i>	£11.95
<i>seasonal vegetables</i>	
<i>Catch of the Day</i>	£P.O.A
<i>see server for details</i>	
<i>Pan Seared Venison</i>	£18.45
<i>black pudding, redcurrent jus & fondant potato</i>	

Salads

<i>(VG) Superfood Salad</i>	£11.95
<i>quinoa, avocado, beetroot, sweet potato & seeds</i>	
<i>Classic Chicken Caesar Salad</i>	
<i>cos lettuce, croutons, parmesan</i>	£10.95

Grill

<i>Classic Parklands Double Stack Burger</i> <i>bacon, cheese, lettuce, tomato, house mayo</i> <i>served with fries</i>	£13.95
<i>Double Stacked Cajun Chicken Burger</i> <i>lettuce, tomato, house mayo served with fries</i>	£13.95
<i>8oz Gammon Steak</i> <i>fried egg & fries</i>	£11.95
<i>Steak of the Day</i> <i>35 day aged Scotch beef served with grill</i> <i>garnish, pepper sauce & skin on chunky fries</i>	£POA

Pizza & Pasta

<i>(V) Margherita</i>	£10.95
<i>Cajun Chicken & Red Onion</i>	£12.95
<i>Ham & Mushroom</i>	£11.95
<i>(V) Wild Mushroom & Pesto</i>	£12.45
<i>Pepperoni</i>	£12.45
<i>Penne Carbonara</i> <i>rich creamy sauce with pancetta, garlic &</i> <i>parmesan</i>	£11.95
<i>Penne Chicken / King Prawn</i> <i>chilli infused tomato reduction</i>	£12.95 / £14.95
<i>(V) Penne Alla Vodka</i> <i>tomato, onions, cream & premium vodka</i>	£11.95

Desserts

<i>Eton Mess</i>	£4.95
<i>Homemade Sticky Toffee Pudding</i>	£5.95
<i>Cheesecake of the Day</i>	£5.25
<i>Warm Chocolate Brownie</i>	£5.75
<i>Trio of Ice-Creams (vegan flavours available)</i>	£5.25

Set Menu

Monday - Friday 12pm - 6pm
2 courses £12.95 / 3 Courses £15.95

Soup of the Day - bread & butter
(V) Goats Cheese & Red Pepper Roulade
(VG)Vegetable Spring Roll - soya dip
Tempura Chicken - chilli jam
Scampi with lemon wedge & fries
Chicken Parmigiana - mashed potato
Chilli Con Carne - basmati rice
(V) Broccoli, Pea & Goats Cheese Tart - salad

Chocolate Brownie - cream
Vanilla Ice-Cream Affogato
Cheesecake of the Moment
Eton Mess