

MICHAELS GLUTEN FREE

STARTERS

*Grilled Spiced Halloumi £5.95
Summer Salad*

*BBQ Glazed Chicken Wings £4.95
Homemade Slaw*

*Pan-Fried Scallops £7.45
Chickpea and Coconut Curry Broth*

*Patatas Bravas £4.95
Tomato Salsa, House Mayo*

*Loaded Potato Skins £5.25
Bacon, Cheddar Cheese*

*Italian Meats £6.45
Parma Ham, Serrano Ham, Bresaola,
Rocket, Cherry Tomatoes*

*Caprese Salad £5.45
Mozzarella, Sliced Tomato, Basil,
Olive Oil, Balsamic Glaze*

MAINS

*Supreme of Chicken £14.95
Mashed Potato, Vegetable Medley, Peppercorn Sauce*

*Pan Seared Venison £18.45
Mashed Potato, Redcurrant Jus*

*Caribbean Jerk Mini Chicken Fillets £12.95
Basmati Rice, Pineapple Salsa*

*Goats Cheese and Strawberry Salad £11.95
Mixed Leaves, Walnuts, Cherry Tomatoes,
Balsamic Glaze*

*Prawn Marie Rose Fruit Plate £11.95
Seasonal Fruits, Iceberg Lettuce*

*Parklands Double Stacked Burger £13.95
Brioche Bun, Bacon, Cheese, Lettuce, Tomato, House
Mayo, Fries*

*Steak Of The Day £POA
Grilled Asparagus, Vine Tomatoes, Crispy Onions,
Fries, Sauce of Choice (Peppercorn, Gravy, Redcurrant
Jus)*

*Penne Salmon £15.95
Gluten Free Pasta, Smoked Salmon, Samphire, White
Wine, Onion, Chilli, Parsley, Lemon*

*Mediterranean Penne £10.95
Gluten Free Pasta, Red Onion, Mixed Olives,
Courgette, Cherry Tomato, Garlic, Olive Oil, Basil*