

## OPENING HOURS

SUNDAY - THURSDAY 12PM-9PM | FRIDAY - SATURDAY 12PM-10PM

### APPETIZERS

**GARLIC & ROSEMARY FLATBREAD** (V/VE) 7

**SUNDRIED TOMATO, ROCKET & PARMESAN FLATBREAD** (V) 7

### STARTERS

**SOUP OF THE DAY** (V) 6  
crusty roll

**BUFFALO CHICKEN TENDERS** 8  
blue cheese dip

**CHICKEN/PRAWN/HALLOUMI/SWEET POTATO TEMPURA** (GF) 8 / 10 / 8 / 7  
chilli & lime

**PAN FRIED KING PRAWN** (GF) 10  
shallot, garlic, chilli & lime

**BUFFALO CAULIFLOWER** (V/VE/GF) 7  
vegan garlic mayo dip

**SHREDDED DUCK BAO BUNS** 10  
hoisin sauce, shredded cabbage, spring onions, cucumber

**HAGGIS TOWER** 8  
peppercorn sauce

**WILD MUSHROOM CROSTINI** (V) 8  
white wine & cream

### SALADS

**PRAWN FRUIT PLATE** (GF) 10/14  
seasonal fruits, iceberg lettuce, Marie rose sauce

**CHICKEN CAESAR** 10/14  
garlic croutons - cos lettuce - dressing

### PASTA (PENNE)

GLUTEN FREE AVAILABLE

**CARBONARA** 16  
shallot, pancetta, garlic, white wine, cream & parmesan

**Seafood (King Prawn, Smoked Salmon & Haddock)** 18  
cream or tomato

**ARRABIATTA** (V) 14  
garlic fresh chilli & parsley

**WILD MUSHROOM** (V) 18  
shallot, white wine, parmesan & truffle oil

**ITALIAN SAUSAGE** 16  
broccoli, parmesan, garlic & white wine

(V) Vegetarian (VE) Vegan (GF) Gluten Free

All meals may contain nuts or nut derivatives. Fish may contain bones. All our food is prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients. If you have a food allergy, please let us know before ordering. Full allergen information is available on request.

## PIZZA

- MARGHERITA (V)** 14  
napoli & mozzarella
- CHICKEN CAESAR** 16  
chicken, parma ham, parmesan & Caesar dressing
- WILD MUSHROOM (V)** 16  
finished with truffle oil
- BUFFALO CHICKEN** 16  
ranch dressing
- ITALIAN SAUSAGE** 16  
jalapenos
- VEGETARIAN (V)** 15  
peppers, onions & mushrooms

## MAINS

- BEER (0% ABV) BATTERED FISH (GF)** 16  
fries, peas & lemon
- PAN FRIED SEABASS (GF)** 19  
fondant potato, pea & pancetta fricassee - lemon cream
- DOUBLE STACK CHEESE BURGER** 15  
fries, slaw & burger relish
- CAJUN CHICKEN BURGER** 15  
fries, slaw & burger relish
- STEAK FRITES (GF)** 16  
peppercorn sauce
- PAN FRIED DUCK BREAST (GF)** 19  
shallot & chambord jus, mash & vegetables
- SHIN OF BEEF (GF)** 16  
chef's veg, red wine jus & mash
- SUPREME OF CHICKEN (GF)** 18  
basmati rice, wild mushroom cream, crispy onion, truffle oil
- SUPREME OF CHICKEN** 18  
haggis, mash, roast roots, parma ham crisp, pepper sauce
- CHICK PEA AND SWEET POTATO CHASNI (V/VE)** 16  
basmati rice & mini naan

## SIDES

- FRIES (V/Ve/GF)** 4
- SALT & CHILLI FRIES / CAJUN FRIES (V/Ve/GF)** 5
- ONION RINGS (V/Ve/GF)** 4
- GARLIC BREAD (V)** 4
- GARLIC BREAD WITH CHEESE (V)** 5
- POSH CHIPS (V)** 6  
parmesan, crispy onion & truffle oil

## DESSERTS

- COOKIE DOUGH OF THE MOMENT** 8
- CHEESECAKE OF THE MOMENT** 8
- ETON MESS PARFAIT (GF)** 8
- CHOCOLATE BROWNIE** 8  
vanilla ice-cream
- PARKLANDS SUNDAE** 8  
cookie dough, cheesecake, Nutella, white chocolate, berries, cream & ice cream
- STICKY TOFFEE PUDDING (GF)** 8  
butterscotch sauce & vanilla ice cream

